

# Key Stats on Office Amenities

## Workplace Wellness & Flexibility:

*"87% of workers want their employer to offer healthier workspace benefits such as sit-stand desks, wellness rooms, fitness benefits, and ergonomic seating."*<sup>1</sup>

## Outdoor Access & Nature:

*"58% of employees report higher levels of well-being and satisfaction when their workplace provides access to natural light or outdoor spaces."*<sup>4</sup>

## Impact on Job Satisfaction and Retention:

*"84% of employees with access to workplace amenities say they are satisfied with their jobs, compared to only 60% without such access."*<sup>2</sup>

## Demand for Sustainability:

*"75% of millennials would accept a pay cut to work for an environmentally responsible company, and sustainable amenities play a major role in their office preferences."*<sup>5</sup>

## Hybrid Work & Technology:

*"69% of employees believe that advanced workplace technology, including video conferencing and smart rooms, is critical for their productivity in a hybrid environment."*<sup>3</sup>

### Sources:

<sup>1</sup> Harvard Business Review: What Makes an Office Building 'Healthy' (Feb 2019)

<sup>2</sup> Staples 2019 Workplace Survey

<sup>3</sup> Microsoft 2022 Work Trend Index

<sup>4</sup> Human Spaces: The Global Impact of Biophilic Design in the Workplace (2015)

<sup>5</sup> Fast Company: Most Millennials Would Take a Pay Cut for a More Sustainable Job (2019)

### CBIZ Gibraltar Advantage

As a conflict-free, exclusive tenant rep firm, we ensure your interests are never compromised.

**Let us help you find an office space where your team can thrive.**